ScotsCare
The charity for Scots in London

Homelessness Counselling Service

Are you homeless or insecurely housed?

We could support you with issues including depression, low self-esteem, anger management, bereavement, family relationships, sexual and domestic abuse, relapse prevention and anxiety.

- **Are you currently homeless and struggling with your mental health?**
- **Would you like access to a space where you can talk about the issues you face?**

Scan to email

Meeting locations with therapists are completely flexible, including cafes and parks, where you can feel most comfortable in facing the issues that you are experiencing.

This service is provided for ScotsCare by Brett Grellier Psychological Service.

Contact us on:
0800 652 2989
help@scotscare.com
**Speak to staff or see website for eligibility criteria.*

Visit our website at:
scotscare.com