ScotsCare
The charity for Scots in London

# Children's Counselling Service

**ScotsCare offers one to one talking therapies tailored to adolescents, along with wider therapeutic support for children, parents and families.**

- **Does you child have emotional difficulties?**
- **Do you feel your child would benefit from counselling?**
- **Would your family, together, like to speak to a therapist about emotional wellbeing?**

Scan to email

**Their service offers the much-needed space for children and young people to reflect on and explore their worries in a safe environment.**

**This service is provided for ScotsCare by the Brent Centre for Young People.**

Contact us on:
**0800 652 2989**
**help@scotscare.com**
**Speak to staff or see website for eligibility criteria.*

Visit our website at:
**scotscare.com**