

Celebrating 400 years.



4  
years helping Scots

ScotsCare 
The charity for Scots in London

Annual Review 2010/11



“The Charity’s work
can only be carried
out through the
community of people
who make it possible.”

Message from the Chairman

Welcome to our annual review and accounts for 2010/11 which I am pleased to present to you. This year we have celebrated our 400th year supporting and improving the lives of Scots in London who are in most need of a helping hand.

Change

It has been a year of changes here at ScotsCare. At Christmas we moved our office to 22 City Road, London EC1 from our previous premises in Covent Garden. The modern, purpose built office and interview rooms are far more suitable for our staff and clients. Also, as a result of a strategic review of our welfare services, in response to our professional welfare team, we have focussed more on long-term measurable work with our clients this year and are concentrating on measuring the outcomes of that work.

As I mentioned last year, the Charity's work can only be carried out through the community of people who make it possible and again I would like to take this opportunity to suggest the ways in which you can become involved.

Volunteers

We have a number of volunteering opportunities which range from long term commitments, such as becoming a trustee, to short term commitments, such as helping with our mailings. We benefit from a number of volunteers who come into the Charity on a weekly basis to help out with reception or to answer our helpline calls – could you commit to this? We also have our Blether Buddy volunteers who call elderly Scots for a chat once a week. Some volunteers also come along and help with our events such as day trips for the elderly or family outings.

Donors & legators

As a charity, we rely on the generosity of others to continue our work. You can always support ScotsCare by making a one-off or regular donation. Also, leaving a legacy in your will is a great way to support the Scots who will follow us and we are particularly encouraging that in this historic year of the 400th anniversary of the Scots Box.

Clients

If you know someone who may need the Charity's help, do recommend us to them. We may be able to provide grants for children, help to buy household items or help with training to gain employment. If it is the loneliness of London that concerns them they may prefer coming along to one of our monthly lunches or outings for families or the elderly, which are very popular.

Thank you to everyone who has been involved with ScotsCare this year. I hope we can welcome even more volunteers, donors, legators, Blether Buddies and clients in the year ahead.



Peter Scott



400 Years of Helping Scots in London

- 1611** Increasing numbers of Scots follow James VI & I to London, seeking prosperity. Some fall by the way. Successful Scots put regular contributions into the Scots Box to help support them.
- 1665** Great plague takes hold. The Charity pays for the burial of more than 300 Scots, 'with as much decency as the public calamity would permit'.
- 1676** Second Royal Charter grants permission to purchase land to value of £400; states that Governors should meet annually on St Andrew's Day.
- 1832** Death of Sir Walter Scott who was a regular donor to the Charity.
- 1874** The Charity provides relief to 170 elderly individuals with allowances of £25, £15, £12 and £6.
- 1877** The headquarters of the Royal Scottish Corporation burn down; it is subsequently rebuilt and officially opened in 1880.
- 1901** Queen Victoria dies; she donated one hundred guineas annually for 63 years.
- 1928** J.M. Barrie presides over the St Andrew's Day Festival Dinner.
- 1929** Death of 5th Earl of Rosebery who was Prime Minister while president of the Royal Scottish Corporation.
- 1975** Queen Elizabeth the Queen Mother opens the new Charity headquarters at 37 King Street, Covent Garden.
- 2006** Carol Smillie models the world's most expensive kilt to celebrate St Andrew's Day.
- 2009** Lord Dalmeny becomes president of the The Royal Scottish Corporation.
- 2011** The Royal Scottish Corporation, now known as ScotsCare, celebrates 400 years of supporting Scots in London.

The Scots Box

Many Scots followed James VI and I to London and many thrived, especially in the east of Westminster where a large contingent of Scots settled. Unfortunately, not every Scot who arrived in London was successful and this marked the beginning of the Scots Box.

The Scots colony east of Westminster saw that something had to be done to assist their countrymen who were falling by the wayside. They also recognised that they themselves were not invulnerable to misfortune, and set about ensuring that there would be help for Scots in London when they needed it most.

A wooden, brass bound 'kist' or chest was built into which regular donations were placed by all those Scots who were able to, to be dispersed to their less fortunate kinsman in the capital. This is the Scots Box which we celebrate the 400th anniversary of this year.

The Charity has been through many changes over the ensuing 400 years including changes of name and of location but the Scots Box has remained. It is a constant reminder that many of the problems our countrymen faced all of those years ago remain the same today. Reassuringly, the Scots Box also reminds us that the desire to help and support Scots in need is just as strong now as it was then.

The Scots Box is proudly displayed in our office at City Road.



Psalm 133, in the metrical version of the first Scottish Psalter.

Changing Shirley's Life

Shirley first came to us for help in January this year. She is a single parent with 6 year old twins and a 12 year old, and is in receipt of benefits. The father gives no practical or financial help and Shirley hasn't worked for several years as she couldn't afford the costs for childcare. Her twins both have severe health problems due to being born prematurely which has led to Shirley suffering with depression and panic attacks.

Shirley initially came to us for a household grant to purchase new beds for the children and a new washing machine. We were also able to give her a children's grant for new school uniforms. The children had never had new school uniforms before and the washing machine meant Shirley didn't have to go back and forth to the laundrette which was a bus journey away.

Shirley was keen to return to work but childcare costs had made this impossible for her. She had indicated that she was interested in nursing so with the support of her case worker, she enrolled on a nursing access course at Lewisham College. We were able to help her cover the costs with a training grant which was given to help with fees, books and childcare.

“ScotsCare has really helped me turn my life around.”

Shirley really enjoyed the course and recently completed it successfully. Her confidence has improved as a result and she has far fewer panic attacks. She is now applying to start a nursing degree at City University next September. ScotsCare will continue to support her and her children throughout this process.

“ScotsCare has really helped me turn my life around. The beds and uniforms for the kids were brilliant and also the free social events have been great for us all. Most of all, they have given me the support and encouragement to get back into education and take control of my life. I am now hoping to become a nurse and this wouldn't be possible without ScotsCare.”

If you, or someone you know needs our help, contact our freephone on **0800 652 2989** or visit www.scotscare.com.



City Road

In January of this year, we opened the doors to our new, purpose built office on City Road.

The open plan office includes spacious and confidential interview rooms for clients, meeting rooms for staff and in general, a more suitable working environment. The office is situated within five minutes walk from Old Street, Liverpool Street and Moorgate stations.



Our new office on City Road.



The open plan ground floor where our client support team work together.

Social Media

Social media has become one of the most important and cost effective ways to spread the message of ScotsCare. This year we have more than doubled our presence on Facebook to over 2000 people and increased Twitter to over 250 followers.

These media outlets allow us to reach a huge audience at the click of a button. We have had our message retweeted by our supporters, including Sarah Brown and Lorraine Kelly, to over 1.5 million people this year.

To follow us on either Facebook or Twitter, login and search for 'ScotsCare'.

Our newsletter, 'ScotsCare Shout', is also available in electronic format. Please visit our website to sign up to this.



You'll **like**  us on Facebook!



Follow what **@ScotsCare** is up to on Twitter

Join our Community

Which of these could you do?

Put up posters about ScotsCare in public places?

[Help with our mailings?](#)

Donate a prize for our annual auction and raffle?

[Become a ScotsCare trustee?](#)

Become a reception or helpline volunteer?

[Donate to ScotsCare? Leave a legacy?](#)

Benefit from our services?

[Attend our events?](#)

Become a Blether Buddy to an elderly person?

Why not get involved in our community today!

Call us on 0800 652 2989

'A Scot in London'

As part of our 400th anniversary celebrations, we held a competition to find a poem which best fit the theme 'A Scot in London'. We had a great response to the competition and received over 150 entries. The competition was judged by award winning author and comedian, A.L. Kennedy.

The winning poem is entitled 'There's Tartan in St Paul's' and was written by [Patsy Collins](#) from Lee on the Solent. The poem will be put on permanent display in our office along with the four runners up.

There's Tartan in St Paul's By Patsy Collins

There's tartan in St Paul's.
It's not mine.
Take yer wee dram in Bow.
I prefer wine.

I'm a Scot in London
Scots in my heart
But I'm happy walking
Through Hyde Park

England is my home now
Do you ken?
I'm here with my three bairns
And darlin' hen

Yes, I'll spell my name out
M small c
G.R.E.G.O.R.
Total cliché

We celebrate Burns night,
And Hogmany,
November thirtieth
(St Andrew's Day)

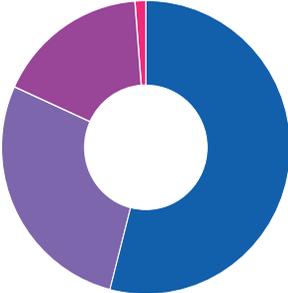
I like to eat Mars bars.
But not fried.
I cannae play the bagpipes
Though I've tried

There's tartan in St Paul's.
It's not mine.
Take yer wee dram in Bow.
I prefer wine.

Financial Figures 2010 – 2011

Income

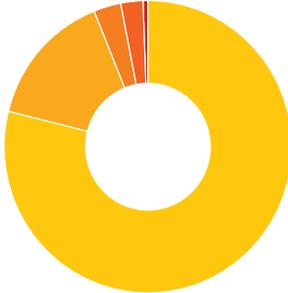
Total £2,065,892



- Investment income and interest
- Charitable activities
- Office relocation income
- Voluntary income

Expenditure

Total £2,079,897



- Charitable activities
- Office relocation
- Investment management
- Governance costs
- Costs of generating funds

Legacy Club

Celebrate our 400th anniversary and help the Scots who will follow us.

2011 marks the 400th anniversary of the Scots Box. The Royal Scottish Corporation has grown from collecting money in a wooden box to the ScotsCare of today. Celebrate this prestigious anniversary with us by joining our legacy club to help the Scots who will follow us.

We would be grateful if you could give some thought to your future finances and let us know if you are planning to leave a gift to the Charity. Returning this form will allow you to join the Scots Box Club.

The Scots Box Club is designed to recognise those Scots who will provide for future Scots in London:

- Leave a gift over £10,000 and one of the 84 ScotsCare houses will be named in your honour
- Leave a gift over £5,000 and have a regular allowance or training grant named after you
- Automatic inclusion in our legacy roll of honour which will be updated annually and be on permanent public display at The Royal Scottish Corporation
- Return this page, letting us know your intentions, and we will send you a specially designed Scots Box badge



Thank you for planning to leave a gift to The Royal Scottish Corporation in your will. We realise it is difficult to think about these matters, but your foresight and generosity will change the lives of Scots in London for years to come.

Please complete this form (your privacy will be respected) and return it marked private and confidential to:

The Scots Box Manager
The Royal Scottish Corporation,
Ground Floor, 22 City Rd,
London EC1Y 2AJ

Full Name:	<input type="text"/>		
Address:	<input type="text"/>		
	<input type="text"/>		
Postcode:	<input type="text"/>	Telephone:	<input type="text"/>
Email:	<input type="text"/>		

I wish to leave a legacy to The Royal Scottish Corporation to help the Scots who follow us.
(please tick the appropriate box)

- I am planning to leave a legacy to The Royal Scottish Corporation over £10,000**
- I am planning to leave a legacy to The Royal Scottish Corporation over £5,000**
- I am planning to leave a legacy to The Royal Scottish Corporation**
- I am planning on leaving a Residuary gift to The Royal Scottish Corporation**
A residuary gift allows you to leave a share of your estate, once your family has been taken care of
- I am planning on leaving a Pecuniary gift to The Royal Scottish Corporation**
A pecuniary gift allows you to leave a specific amount of money
- I am planning to leave a Reversionary gift to The Royal Scottish Corporation**
A reversionary gift allows you to leave your estate to your dependents while they are living but after they pass away it will revert to The Royal Scottish Corporation
- Please send me a Codicil so I can update my will**
A codicil is a form you attach to your existing will to make a change to it. The codicil should refer to the original will and needs to be attached to it



Telephone: 020 7240 3718
UK Helpline: 0800 652 2989
Email: info@scotscare.com
Web: www.scotscare.com

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