

# More

**Our new services  
help even more  
Scots in London:**

**Employment & Training**

**Advocacy**

**Family services**

**ScotsCare**   
The charity for Scots in London

**Annual Review 2012/13**

# Message from the Chairman

Dear friends, may I welcome you to our annual review for 2012/13, which I am pleased to present to you.

As many of you will be aware, I was honoured and privileged to be appointed Chairman earlier this year and may I take this opportunity to pay tribute to my predecessor, Peter Scott, who performed the role of Chairman with considerable aplomb and professionalism over a five-year period.

We continue to provide vital assistance to Scots in London and this comes in many forms. Financial assistance over the year exceeded £2 million and over 1,000 deserving individuals benefited from grants. We continue to maintain 84 residential units and the overall occupancy rate is rarely less than 100%.

Over the past year, significant work has been undertaken in developing and agreeing a Foundation Statement, which seeks to capture the essence of the Charity in a twenty-first century context. This work will now be incorporated into all of our communications material and a complete overhaul of our website.

As my predecessors have mentioned, the Charity's work can only continue by virtue of the on-going commitments by the community of people who work tirelessly to improve the lives of those we benefit. If you, or if you know of anyone who could assist as a volunteer, do

please get in touch. I would like to personally thank all those who have given up their time on our behalf. May I also thank those who have made financial donations to the Charity. It is perhaps worth mentioning that 92% of our revenue is expended on charitable activity and through Gift Aid every £1 donated is worth £1.25 to us. All donations however small are gratefully received and applied to benefit needy Scots in London.

There are several ways to contact us. The office telephone number is **020 7240 3718**. Please visit our website [www.scotscare.com](http://www.scotscare.com) and please follow us on Facebook and Twitter to help grow our online community.

I very much look forward to the challenges ahead and I personally would be delighted to hear from anyone who would like to become involved with us in any way.

With best wishes



A handwritten signature in blue ink that reads "David Guild". The signature is written in a cursive style with a horizontal line underneath the name.

David Guild

**We strive to be a modern organisation which is relevant and flexible in approaching and supporting those who need our help.**

There have been several changes to legislation in the last year and due to this and the reality

of living in a modern city, we have introduced new services which address the support needs of the people we help.

Three of our new services introduced this year are **Family Services, Advocacy** and **Employment and Training**.

## Employment and training

Our job is to help you find a new career.

It might be help with costs to retrain for a new type of job, or further-education fees.

We've also recently developed a new service designed to help you get back into employment or training. Our careers advisors provide one-to-one, flexible support to you in person, by phone and email. They'll look at practical areas such as CV writing, making applications and interview skills.

Whatever your age, if you want to find a new career, then we can help. Call it our own job satisfaction.

Catherine



Catherine said, "I am a qualified Shiatsu Masseuse but I wasn't able to practice as I couldn't afford the insurance. My goal has always been to become a self-employed practitioner but I didn't feel I had the confidence to take the leap. ScotsCare referred me to one of their careers advisors who worked with me on these issues. She suggested getting involved in voluntary work to gain the experience and confidence I needed. So I am currently volunteering for various charities including Cancer Research, where I worked with marathon runners after they finished the race, and I am feeling much more confident in my abilities and my future. ScotsCare also covered the cost of the insurance which was a huge bonus."

**"This service has been great in building my confidence and moving me in the direction I want to go. I am very grateful for the help and support."**

## Let our family help yours

It's never easy bringing up kids. Especially if you're on a low income and living in London.

That's where we come in. As well as grants for school uniforms, we also help with things like sports equipment and fun activities for your children. We organise adventure trips away, where the kids can build their confidence and self-esteem.

As part of this service, we took 16 boys and girls between the ages of 9 and 12 along to PGL in Windmill Hill, East Sussex, for 3 activity packed days.

Alfie:

**"There wasn't anything that I didn't enjoy. All of the activities we did were lots of fun. The best activity was the canoeing. The guy teaching us was really funny and was splashing us with water. I was the first person to fall in!"**

Alfie

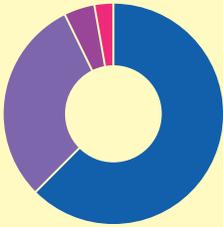


# Financial Statement

2012 – 2013

## Income

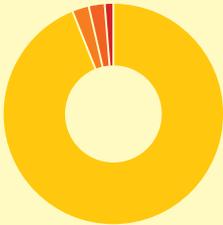
Total £2,189,657



- Investment income and interest
- Rental income
- Legacies, donations and other income
- Income in relation to homeless services

## Expenditure

Total £1,860,724



- Charitable activities
- Investment management
- Governance costs
- Cost of voluntary income

## Advocacy

We'll speak up for you.

You are not alone. We provide independent advocacy services to help resolve issues or concerns you may have about your health and social care services.

With our help you will stay in control of the decisions that are made concerning you. Making sure your views, wishes and feelings are heard.



Gearoid

Gearoid said, "Earlier this year a client made an application to us for advocacy, to support him through his ESA and DLA Tribunal. I made several home visits initially to speak to the client and find out what help we could provide. He was extremely anxious and found talking about his mental health very emotional so providing a home visit ensured he felt comfortable

to talk about this situation in a safe environment. During on-going visits, I supported him in building an informed case including gathering supporting medical evidence from the various Health Care Professionals involved.

I worked with the client to build his confidence and ensure that he was ready for the tribunals and I was also in attendance at both for moral support. The client was successful in both tribunals and was awarded ESA work related and middle rate DLA. The client was also awarded a full back payment for the reduced benefits he had been receiving for over a year.

It was a great result for him and I was delighted to be able to have supported him through this incredibly difficult period. I am still in contact with him as he seeks to re-build his life and we will continue to support him should the need arise."

Telephone: **020 7240 3718**  
UK Helpline: **0800 652 2989**  
Email: **info@scotscare.com**  
Web: **www.scotscare.com**

**ScotsCare**   
The charity for Scots in London

Registered Charity Number 207326

# ScotsCareMore

Our new services help even more Scots in London:

Employment & Training

Advocacy

Family services

**ScotsCare**   
The charity for Scots in London

0800 652 2989

[www.scotscare.com](http://www.scotscare.com)

Registered Charity No. 207326